

How to access your test results

- If you are **positive**, you will be notified of your results.
- The Hospital Online Patient portal is the fastest way to review your results. The results post there as soon as they are available for the hospital. See below to access the portal.
- If you are unable to access your results via the portal, please call the medical records department (208-265-1041) and leave a voice mail with your full name, date of birth, address, and phone number.
- Please contact your ordering provider with questions or concerns regarding your test results.

Portal Access:

- To register for the first time: www.nidhealth.org/register
- For returning users log on at: www.nidhealth.org or Download the MHealth app for your android or apple device for secure convenient access.
- If you have questions about the Online Patient Portal, contact the BGH Medical Records Department: **(208) 263-1041**
- We have a secure voicemail, so please leave your full name, date of birth, phone number, & email address (please spell out your full email address) and we will get you set-up & return your call.
- You will receive an email that will include a link to the health portal along with a temporary username & password and set-up security questions.
- You will be asked to enter a new user name & password for your account.
- Accept the user agreement and you will then have access to your recent hospital records.
- Test results are located under ***RESULTS** with the lab name of **"SARS-CoV-2 (PCR)"**.
- Results are available to you as soon as they become available to our laboratory, typically within 24-48 hours.

Additional Resources:

CDC - <https://coronavirus.idaho.gov/>
State of Idaho - <https://coronavirus.idaho.gov/>
Panhandle Health District - <https://panhandlehealthdistrict.org/>
Bonner General Health - <https://bonnergeneral.org/>



10 THINGS YOU CAN DO TO MANAGE YOUR COVID-19 SYMPTOMS AT HOME | COVID-19 |

If you have possible or confirmed COVID-19

1. **Stay home** except to get medical care.



6. **Cover your cough and sneezes** with a tissue or use the inside of your elbow.



2. **Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



7. **Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



3. **Get rest and stay hydrated.**



8. As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a mask.



4. If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



9. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



10. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)