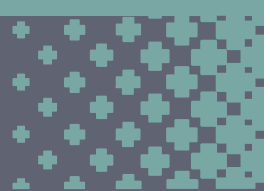




Bonner General Health

Community Health Needs Assessment Implementation Strategy



Overview

This Implementation Strategy report summarizes Bonner General Health's plans to address the prioritized needs from the 2019 Community Health Needs Assessment. The hospital recognizes that the Implementation Strategies in this report are to be used as a guide and will serve as a framework in addressing the identified needs. As the hospital moves forward, many resources, on-going commitments, and partnerships will be necessary to effectively assist in creating healthier communities in Bonner County and the surrounding area.

1) Obesity

➤ Current activities

- Provide education and awareness in the hospital and community.
 - Promote increased physical activity and exercise in the community.
 - Promote and fund employee-based Wellness Program.
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➤ Proposed activities

- Participate in community partnerships to promote and educate a healthy diet and nutrition.
- Participate in Food for Our Children program.
- Continue to support, an Employee Wellness Program.
- Continue to sponsor and support community events involving exercise (run/walk/swimming/biking events).

Anticipated Impact

BGH will raise awareness of the impacts of obesity and will work to educate and improve healthy habits in our community, precisely exercise, and nutrition. We will continue to partner with community organizations to create access points for education in our community.

2) Abuse & Neglect – Children, Elderly, & Special Needs

➤ Current activities

- Participate in Food for Our Children Program.
 - Collaborate with Panhandle Alliance for Education by sponsoring their fundraising events and distributing books to parents when their child is born.
 - Sponsor Kinderhaven and CASA fundraisers to ensure that abused and/or neglected children have a safe place to live.
 - Collaborate with Lake Pend Oreille School District
 - Trust-Based Relational Intervention (TBRI) – host & sponsor training.
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➤ Proposed activities

- Continue to identify opportunities and partners who support children, elderly, and special needs in crisis and provide a safe, secure home in which their emotional, physical, and mental well-being is protected and enriched.
- Participate in organizations that promote and provide caregivers and parents tools to develop positive parenting skills and teach safety and protection skills.
- Provide awareness among clinicians, schools, and others on the many issues related to child, elderly, and special needs safety.

Anticipated Impact

BGH will partner with other community organizations that focus on helping parents and caregivers develop the skills and resources to understand and meet the emotional, physical, and developmental needs of those they are caring for from harm.

3) Mental Health/Suicide

➤ Current activities

- Bonner General Behavioral Health provides outpatient mental health services for both adult and pediatric patients. BGH employs a Psychiatrist, Psychologist, Psychiatric Nurse Practitioner, and a Licensed Master Social Worker.
- BGH works with law enforcement, the court system, and physicians to improve the mental health hold process.
- BGH staff participates in Community Organizations that focus on dealing with mental health and suicide (Bonner County Children Mental Health Coalition, Region 1 Behavioral Health, & Panhandle Animal Shelter)
- BGH leads grief acceptance classes through Hospice
- BGH organizes, manages, & staffs Kid's Camp – weekend camp for children who have lost a loved one.

➤ Proposed activities

- Continue to support our Behavioral Health Clinic and add other providers as resources allow.
- Develop partnerships with other organizations to improve access to mental health services in our community.
- Identify, organize, and lead, when appropriate, support groups related to mental health.
- Encourage staff to participate in Boards or Committees of organizations focusing on mental health & suicide prevention.
- Participate and support CAST: Coping and Support Training, an intervention program focusing on three elements – mood management, school skills, maintaining non-drug use/or decrease the drug use.

- Sponsor community activities that bring awareness to mental health and suicide prevention.

Anticipated Impact

BGH recognizes the mental health issues in our community continue to grow, and the needs are not currently being met. BGH will continue to participate where ever possible to improve mental health access and address the growing concerns.

4) Substance Abuse

➤ **Current activities**

- Participate and support CAST: Coping and Support Training, an intervention program focusing on three elements – mood management, school skills, maintaining non-drug use/or decrease the drug use.
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➤ **Proposed activities**

- BGH will collaborate with community partners and advocate for reduced tobacco use, alcohol, and substance abuse by increasing education and awareness within the school and community.
- BGH will collaborate with the community, regional, and state partners to provide educational materials and programs to help individuals sustain an applicable lifestyle and behavioral change due to alcohol, drug, and tobacco use.
- Collaborate and support medication drop off site(s) within the community.

Anticipated Impact

Bonner General Health recognizes the limited resources for individuals seeking care or treatment for substance abuse in Bonner County. We will work with the community, regional, and state partners to increase public awareness of risk and harm of substance abuse. We will work with our partners to increase access to substance abuse resources.